

HYGIENE AUDIT-REPORT

TECHNICAL REPORT OF HYGIENE AUDIT



Submitted to

AUXILIUM COLLEGE (AUTONOMOUS) GANDHI NAGAR, VELLORE - 632 006, TAMIL NADU.

Date of Audit: 28.11.2022

Submitted by













NATURE SCIENCE FOUNDATION

(A Unique Research and Development Centre for Society Improvement)
ISO 9001:2015, 14001:2015, 45001:2018 & 50001:2018 Certified and
Ministry of MSME Registered Organization

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1. Introduction

A hygiene audit will provide an insight into how an organization operates in a sustainable manner in terms of hygiene environment to the stakeholders as per the International Standard for Occupational Health and Safety Management Systems (ISOHSMS). If an organization has a hygiene auditing process implemented already, then it should apply environmental context into a clean environment. Environmental audit is a natural management tool and it will become more effective when hygiene audit is added to it. It is an essential requirement to adopt an audit process for a sustained utilization of resources in a hygienic way in both developed and developing countries like India. Hygiene will be of different types such as personal hygiene, environmental hygiene, medical hygiene and public hygiene which are all interrelated between each other in terms of maintaining a hygienic atmosphere to the stakeholders (Chen *et al.*, 2015; Jeanes *et al.*, 2015).

Hygiene audit is a process that leads to extraction of information about guided procedures in hygiene implemented in an organization which provides a realistic assessment of how it protects or affects the health of stakeholders. It also measures the effects and provides solutions to overcome or reduce the adverse effects due to unhygienic conditions. This audit can minimize the hazardous materials (for example: food wastes and human wastes) utility in the campus remarkably which in turn reduce the adverse effects to human beings as a whole (Gould *et al.*, 2016). As per the Government norms and guidance, the environmental legislations including food consumption should be followed by all the organizations and necessary steps should be taken to minimize the food waste in any campus. The food wastes will lead to high contamination rates in the campus and also lead to cause diseases to the stakeholders and the public .

To ensure that the hygienic environmental management system, maintenance of environmental and personal hygiene, availability of clean resources, maintenance of water supply and hygiene, cleanliness ensured at the site of disposal of human waste materials and personal safety in the campus should be implemented effectively. Each year a plan for the hygiene audit should be prepared by the management of an organization. A committee of faculties and student representatives and social aware members appointed to take this plan forward in the beginning of every year will ensure that the entire hygienic environmental management system is implemented in the organization without any hindrance. An effective hygiene practice should be followed among the stakeholders which in turn useful to control a wide variety of disease outbreaks (Roethlisberger and Dickson, 2017).

A healthy population is the essential component of a country's wealth in terms of political, economic and environmental sustainability. In terms of population growth statistics, India is the fastest populating country to strike the second position in total population cover which is about 138 million and constitutes 17.25% of the total global population. Demographic status of India revealed that if the population increase continues to be at this rate, India is expected to be the most populated country by 2050. Along with the birth rate, social and environmental issues are also increasing and alarming now-a-days. As consequences of over population, social well-being of man

and status of quality environment of the country get affected by the developing pressure on food, clothes, housing and other basic necessities, unemployment, loss of standard of living, decrease of forest cover, environmental pollution, energy crisis, ecological degradation and lack of hygienic condition-resulting in the distortion of well-being of a country (Silvennoinen *et al.*, 2015).

2. About Hygiene Audit

According to M/s. Nature Science Foundation's hygiene audit guidelines, hygiene audit is a survey of extracting a cumulative information concerning the status of hygiene and sanitation of respective premises and individuals belonging to any organisation such as academic or non-academic institutes, industries, food establishments and any other enterprises. This audit provides realistic data on how the organisations' cleanliness affect people's health and environment. A set of prominent objectives and goals are predetermined prior to hygiene audit with an aim to reduce the adverse effects of contaminated surfaces to human beings and to eradicate hazardous substances from the compound remarkably to diminish the multiplication of infectious diseases (Presscott *et al.*, 2005).

As per the norms of the Health department of Indian Government, the environmental legislation's guidelines for food consumption should be followed by all the Organizations without any deviations. Hygiene audit process determines to monitor and record the sanitation status and personal hygiene to make strong recommendations for the complete cleanliness of environment and individuals associated with the organisation. The outcome of the hygiene audit suggests to give pure atmosphere to various stakeholders such as employees, faculties, supporting staff members, parents and students those who are depending upon the educational institutions and the employees and customers of other business establishments.

To achieve a hygienic environmental management system in an academic institution and industry, maintenance of environmental and personal hygiene, availability of clean resources, maintenance of quality water supply and cleanliness ensured at the site of disposal of human waste materials in the campus should be implemented effectively. A periodic conduction of hygiene audit can ensure these practices in an institution-making both the human health and environmental safety protected which is the key focus of a hygiene audit.

Hygiene auditing is a management tool to objectively and systematically evaluate hygiene environment and sanitization management systems with the following objectives:

- Number of microbial load in the air.
- Methods of disposal of food and human wastes.
- Availability of hand wash, soap, sanitiser, dryer, tissue roll, etc.
- Placing environmental information in the public domain.
- Facilities of sufficient ventilation, napkin disposal and waste management.
- Effective water purification and recycle system for use of hygienic water.

3. Aims and Objectives of the Hygiene Audit

The main objectives of a hygiene audit is to achieve complete safety for both people and the environment of any organization by promoting the hygiene management and sanitization standards in the enterprise. The hygiene audit identifies, quantifies, describes and prioritizes the framework of hygienic environment in compliance with the applicable regulations, policies and standards to the stakeholders. The main objectives of a hygiene audit are:

- To assess the diversity and density of microbial wealth in the atmosphere.
- To assess the waste management strategies and methods of disposal of food and human wastes.
- To check the availability of tools and materials for hygiene such as hand wash, soap, sanitiser, dryer, tissue roll, hand gloves, masks, lab coats, etc.
- To be aware of the public domain with personal and environmental hygiene.
- To ensure the facilities of sufficient ventilation, napkin disposal and waste management in the campus.
- To check the availability of effective water purification and recycling systems for ensuring the safety of drinking water.

4. Checklists for the Hygiene Audit

The checklists for the conduct of a hygiene audit, different parameters on personal as well as environmental hygiene have been included. Availability of sanitizing materials like soap, hand wash liquid, detergents, sanitizer, lab coats, hand gloves, towels, tissue paper rolls, etc. nearby washbasins and restrooms should be made available to the customers. Lot of awareness programmes on personal and environmental hygiene, pest management strategies adopted, sanitation methods, hygiene maintenance and instructions to be followed for the stakeholders may be conducted regularly through hygiene clubs, forums, cells and associations. In addition, the details on water purification systems (if any), water recycling, disposal of food wastes, human wastes and other refuse along with the justifications on sufficient ventilation (both natural and mechanical) and proper napkin disposal facility should be made available.

In order to determine the quality practices undertaken by any organization or FBO (Food Business Operator) and to recommend more convenient strategies to eradicate contaminants coming out from the food wastes. Hygiene audit inspectors follow a set of predetermined checklists as per the International Standard for Occupational Health and Safety Management Systems.

5. Procedures followed in the Hygiene Audit

Hygiene auditing ensures the monitoring and safeguarding the standards of sanitation by assessing both the organizations' as well as the associated people's hygiene practices and by suggesting such establishments with proper measures of cleanliness. According to hygiene audit criteria, in order to perform hygiene audit, the methodology included different tools such as preparation of questionnaire, physical inspection of the campus, observation and review of the documentation, interviewing key persons and data analysis, enumeration of various microorganisms such as bacteria, fungi and actinomycetes in air using suitable basal media, measurements and

recommendations. As the major contaminants causing hygiene issues and disease outbreaks due to various pathogenic microorganisms in the atmosphere that cannot even seen with naked eyes, it focuses on the enumeration of several microbial colonies in the Petri plates containing nutrient medium (Pelczar *et al.*, 2000).

The food base that supports the growth of an organism is called culture medium. The culture media are formulated in various forms according to the growth habits of microorganisms. However, the culture media should be are prepared under sterile condition by weighing and dispensing the individual ingredients (carbon, nitrogen, vitamin, amino acids, iron, zinc, magnesium, manganese, sodium, etc.) or procuring ready-made media from the market. Generally the common nutrient media contain both organic and inorganic nutrients required for the enriched growth of specific microorganisms. Agar agar can be used to solidly the media and culture plates can be exposed in different areas of an organization. This will help ensuring the maintenance of hygiene and cleanliness of the area.

5.1. Preparation and Cleaning of Glassware and Plasticware items

Glassware and plasticware items and culture media were properly cleaned with 10% sodium hypochlorite solution and washed properly with distilled water subsequently sterilized using an autoclave at 120°C temperature and 15 lbs/psi pressure (Cappuccinio and Sherman, 2004). To evaluate the contamination source and rate of contaminants in the air at canteens, hostels, cafeterias/food court, seminar halls, auditorium, classrooms and the kitchen in the organization, simple culture media such as nutrient agar, potato dextrose agar and casein-nitrate agar were used to enumerate bacteria, fungi and actinomycetes; respectively. Conical flask, Sterile water, Non-absorbent cotton, Spatula, Autoclave, pH meter, Electronic balance, Brown paper, Butter paper, etc. were used for the preparation of basal media.

5.2. Preparation of Culture Media

Media components for Nutrient agar (NA) medium are Peptone (5.0 g), Sodium chloride (5.0 g), Beef extract (3.0 g), Yeast extract (3.0 g), Agar Agar (30.0 g) and Distilled water (1000.0 ml). Around 600 g of peeled potato (not infected) were boiled in 600 ml of distilled water and subsequently filtered through a muslin cloth thoroughly. It was made up to 1000 ml with distilled water in which 20.0 g each of Dextrose and Agar agar were added. Starch-casein agar (SCA) medium was prepared by mixing of 10.00 g of Starch, 0.30 g of Casein, 2.00 g each of KNO₃, NaCl, K₂HPO₄, 0.50 g of MgSO₄.7H₂O, 0.02 g of CaCO₃, 0.01 g of FeSO₄.7H₂O, 1 litre of Distilled water and 18.00 g Agar agar. They were sterilized using an autoclave at 120°C temperature and 15 lbs/psi pressure. After sterilization, these media were poured onto sterile Petri plates and allowed for solidification under sterile condition in a Laminar air flow hood.

5.3. Enumeration of Bacteria, Fungi and Actinomycetes in air samples

The sterile Petri plates containing nutrient agar, potato dextrose agar and caseinnitrate agar were taken for the enumeration of bacteria, fungi and actinomycetes; respectively in air to assess the number aero-flora (IMTECH, 1998). These plates were exposed for 2-3 minutes at specific places where the number of microorganisms as microflora in the air were to be enumerated. The exposed Petri plates were incubated under room temperature for 24-96 hours. The number of bacterial colonies grown in the Petri plates containing nutrient agar medium within 24-48 hrs of incubation period were counted using a Colony counter. In the case of fungal growth, the Petri plates containing potato dextrose agar medium were observed after 72-96 hrs of incubation. The colony of actinomycetes were recorded in between the incubation period of 48-72 hrs. The bacterial colonies exhibited different shape, size, colour and texture on morphology. Fungal colonies were identified based on visual characteristics such as colony morphology, elevation, colony margin, aerial mycelium and colony colour. Actinomycetes showed a good sporulation with compact, chalk-like dry colonies of different colour variation from pink to white colour on the Petri plates and shown a branched mycelium in their cell morphology similar to fungal characters (Holt, 1989; IMTECH, 1998).

6. About the Organization 6.1 About

Auxilium College founded in 1954 is the first women's College in the Vellore District and is affiliated to the Thiruvalluvar University. Auxilium has been granted the status of autonomy by the UGC and the Thiruvalluvar University from the academic year 2007-2008. The College has been accredited by National Assessment and Accreditation Council (NAAC) with A+ Grade in 2003, Re- Accredited with A grade with a CGPA of 3.41 out of 4 in 2010 and with A+ Grade with a CGPA of 3.55 out of 4 in the 3rd cycle in 2016. It is a minority institution established and administered by the Daughters of Mary Help of Christians, commonly known as Salesian Sisters of Don Bosco, belonging to the Catholic Church. It is primarily meant for the higher education of deserving Catholics but members of other communities are also admitted without reference to caste or creed and their rights of conscience are respected.

Vision: The vision of the college is to educate young women especially the poorest to become empowered and efficient leaders of integrity for the society.

Mission: To impart higher education to the economically weak, socially backward and needy students of Vellore and neighbouring districts.

Goal: The goal of our educative endeavour is to produce in a Salesian atmosphere, intellectually enlightened, spiritually inspired, emotionally balanced, morally upright, socially committed, accomplished - in a word - integrally formed young women who will be agents of social transformation in today's India.

True to the vision of its Founders, the College commits itself to serve the economically weak, socially backward and needy students.

The goal of our educative endeavour is to be realized with the collaboration of each and every member that form a part of Auxilium Family - the students, the staff, the parents, the management, the local and the distant agencies that are associated with her and all her well-wishers in short, the Auxilium Educating Community.

The Educative Project is drawn up every year in consultation with the staff, the parents and the students who are the protagonists of their own growth and are therefore

at the focus of all educative interventions. The College therefore expects a close collaboration from the parents in the planning and execution of this project.

The Motto of the College is KNOWLEDGE AND VIRTUE. The College Emblem constitutes a book, a lily and a lamp. The book stands for Knowledge and the lily for Virtue. The Lamp with the burning flame is a reminder to Auxilians, to keep the light of Knowledge and Virtue always alive. The hope and prayer of Auxilium is that every Auxilian while attaining Knowledge strives to acquire Virtue so that Knowledge and Virtue blend to make her a perfect model of womanhood.

Pink and blue are the College colours: pink symbolises youthful cheerfulness and Blue stands for loyalty and fidelity

Value Education classes for Non-Catholics and Faith Formation classes for Catholics are obligatory.

The College is run according to the principles and method of St. John Bosco, the greatest educator of the 19th century and the Founder of the Salesian Society. The characteristics of Salesian Youth Spirituality (SYS) - commitment to one's duty, filial relationship with God, meeting Him in the ordinary events of the day, spirit of service, joy and friendly rapport with all characterise life in the College campus. Mary in Her attitude of openness to God and others is a model for all.

Besides increasing, diffusing and disseminating knowledge, higher education has also the function of serving the community. Every student is expected to fulfill this duty either by enrolling herself in the National Service Scheme or in any other voluntary group in the College, committed to community service.

Every student admitted into the I Year Degree Course can enroll herself in the National Service Scheme (NSS) or National Cadet Corps (NCC) and put in the required hours of service as an NSS volunteer or NCC Cadet and appear for certificate examinations.

The Document issued by the Sacred Congregation for Christian Education on "Catholic School" states: "Christ is the foundation of the whole educational enterprise in a Catholic School. It is committed to the development of the whole person, since in Christ, the perfect Person, all human values find their fulfillment and unity. Herein lies the specifically catholic character of the School. Its duty to cultivate human values is its legitimate right in accordance with its particular mission to serve all people, and it has its origin in the Person of Christ. He is the model which the Catholic School offers to its pupils".

About Nature Science Foundation (NSF)

NSF is an ISO 9001:2015, 14001:2015, 45001:2018 and 50001:2018 certified and registered with Ministry of Micro, Small and Medium Enterprise (MSME), Government of India Organization functioning energetically towards the noble cause of nature conservation and environmental protection. NSF is managed by a board of trustees of NSF Public Charitable Trust under the TN Societies registration Act 1975

(TN Act 27 of 1975) on 29th November, 2017 at Peelamedu, Coimbatore- 641 004, Tamil Nadu, India with Certificate of Registration No. 114 / 2017. In addition, NSF has 12A, 80G and Form 10AC certificates for income tax exemption and implanting various Government schemes. The main motto of the NSF is to "Save the Nature to Save the Future" and "Go Green to Save the Planet". NSF Branch Offices are also functioning effectively at Gorakhpur, Uttar Pradesh and Faridabad, Haryana, India to adopt the 'Go Green Concept' in a big way. NSF family is wide spread across India with over 115 state-wise Lead auditors to conduct Green and Environment Audits.

NSF is functioning strenuously to conduct different awareness programmes and implement various schemes to public and school / college students towards the noble cause of nature protection. Some of the programmes are also being organized for the benefit of tribal communities to create the supply chain for biodiversity conservation studies. The objectives along with vision and mission are illustrated to promote educational and environmental awareness programmes through social activities for enhancing the quality of life and to conserve nature from environmental pollutants using traditional and modern technologies for sustainable land management. NSF is educating the tribal community children through social service and towards the upliftment of tribes as a whole and make them as entrepreneurs.

International Eco Club Student Chapter (IECSC) has been established for Student volunteers and faculty members are encouraged to conduct National and International events, Student Technical Symposium, Distinguished lecture programme, Environment day celebration, Ozone day celebration, Project model exhibition, Awareness programmes on Environmental pollution, Biodiversity and Natural resources conservation and etc. with the financial support of the Foundation. NSF is being released 'Magazine' and 'Newsletter' biannually to share the information about Environmental awareness programmes on biodiversity conservation, seminar on soil conservation, water management and solid waste management, restoration and afforestation programmes in Western Ghats of southern India.

In order to encourage the students, members of faculty, academicians, scientists, entrepreneurs and industrial experts those who are involving in nature protection and biodiversity conservation studies across the world, NSF tributes the deserved meritorious candidates with various awards and honours such as 'Best Faculty Award', 'Best Women Faculty', 'Best Scientist Award', 'Best Student Award', 'Best Research Scholar Award', 'Best Social Worker Award', 'Young Scientist Award', 'Life-Time Achievement Award' and 'Fellow of NSF'. These award and honours will be given to the deserved meritorious candidates during the 'Annual Meet and Award Distribution Ceremony' which will be conducted every year during the first week of January.

NSF has introduced various types of Audits such as 'Eco Audit', 'Green Audit', 'Energy Audit', 'Hygienic Audit' Water & Soil Audit, Plastic Waste Management Audit, Biomedical Waste Audit, Solid Waste Management Audit, E-Waste Management Audit, Academic & Administrative Audits including ISO certification process to Academic Institutions, R&D Organizations and Industries towards the accreditation process as well as maintaining a hygienic eco-friendly environment to the

stakeholders in their campus. All audits will be conducted as per the Checklist prepared by the NSF ISO Criteria and in compliance with Government Law and Environmental Legislations including World / Indian Green Building Council and the concept of Swachh Bharath Abhiyan under Clean India Mission. Green campus and Environment Policy, Purchase Policy, Energy Policy, MoU, International Eco Club student Chapter. Audit Certificates will be given to get the maximum mark weightage from NAAC. Audit processes are being conducted through the certified Auditors as per the following

Audit	Certified Auditors	Certified Auditors
Green Audit	• IGBC - Indian Green	Dr. S. Rajalakshmi
	Building Council	> Dr. R. Mary Josephine
	• GBCRS - Green Building	Dr. B. Mythili Gnanamangai
	Code and Green Ratings	➤ Er. N. Shanmugapriyan
	Systems	
	• GRIHA – Green Rating for	
	Integrated Habitat	
	Assessment	
Energy Audit	• BEE - Bureau of Energy	Er. D. Dinesh kumar
	Efficiency	Er. N. Shanmugapriyan
	• LEED - Leadership in	Dr. N. Balasubramaniam
	Energy and Environmental	Dr. P. Thirumoorthi
	Design	Dr. G. Murugananth
	• CII-GreenCo – GreenCo	
	Rating System Felicitator	
Environment	• IGBC -Indian Green	Dr. S. Rajalakshmi
Audit	Building Council	Dr. A. Geetha Karthi
	ASSOCHAM - Associated	> Dr. R. Mary Josephine
	Chambers of Commerce	Dr. B. Mythili Gnanamangai
	and Industry of India	➤ Er. N. Shanmugapriyan
	• FSRS – Fire Safety &	
	Rescue Services	
Hygiene Audit	• FSMS – Food Safety	Mrs. Gaanaappriya Mohan
	Management System &	Er. Ashutosh Kumar
	• Occupational Safety &	Srivastava
	Health (ISO 22000:2018)	Dr. R, Sudhakaran
	• SBICM - Swatch Bharath	Dr. N. Saranya
	under India Clean Mission	
Waste	• Water & Soil Audit,	Mrs. Gaanaappriya Mohan
Management		Er. Ashutosh Kumar Srivastava
Audits		Dr. R, Sudhakaran
	Biomedical Waste Audit,	Er. N. Shanmugapriyan
	Solid Waste Management	
	Audit, E-Waste	
	Management Audit as per	
	the Checklist of NSF	
Academic &	• Academic &	Dr. B. Anirudhan
Administrative	Administrative Audits as	> Dr. B. Shreeram

Audits	per the NAAC Criteria and ISO implantation procedure	
ISO Certification	QMS (9001:2015), EMS (14001: 2015), OHS (45001: 2018), ISMS (27001:2018), FSMS (22000: 2018), QMSMD (13485: 2016), EnMS (50001: 2018)	Dr. A. Geetha Karthi

7. Audit Details

Date / Day of Audit : 28.11.2022

Venue of Audit : Auxilium College (Autonomous),

Vellore, Tamil Nadu, India.

Audited by : Nature Science Foundation,

Coimbatore, Tamil Nadu, India.

Audit type : Hygiene Audit

Name of Auditing Chairman : Dr. S. Rajalakshmi Jayaseelan,

Chairman of NSF & ISO QMS, EMS,

OHSMS, EnMS Auditor.

Name of Lead Hygiene

Auditor

Dr. B. Mythili Gnanamangai,

Vice Chairman of NSF, Indian Green Building Council Accredited Professional

Name of the Hygiene Auditor : Mrs. Gaanappriya Mohan

ISO FSMS OHS Hygiene Auditor, NSF.

Name of Subject Expert-I : Mr. B.S.C. Naveen Kumar,

Senior Faculty, Mahatma Gandhi National Council of Rural Education, Ministry of

Higher Education, Hyderabad.

Name of Subject Expert-II : Dr. N. Saranya

Professor in Microbial Food Technology.

Name of Subject Expert-III : Er. D. Dinesh Kumar,

Certified Lead Auditor, IGBC,

ASSOCHEM, GRIHA & LEED

Name of Eco & Green Officer : Ms. V. Sri Santhya,

Environment, Energy & Green Council

Programme Officer, NSF.



Opening Meeting for the conduct of Audits at Auxilium College, Vellore, TN.

8. Observations of the Hygiene Audit

8.1. Enumeration of Microbes in air at different locations of the Organization

Microbes such as bacteria, fungi and actinomycetes; respectively were enumerated using suitable media such as nutrient agar, potato dextrose agar and casein-nitrate agar as contamination source, rate of contaminants and microflora in the air at different locations of the Organization such as Admin Block, Hotel Mess, Physics PG Lab, Library and Documentation Centre. The results indicated that actinomycete colonies were found to be lesser than fungal and bacterial colonies in terms of number of colony forming units (cfu) in all the localities of the Organization. All the three microbes were found to be high at Admin block followed by Library and Physics PG Lab and least with Hotel Mess. The number of bacterial, fungal and actinomycete colonies at Admin Block recorded was 16, 11 and 8 cfu.

Total number of microbial colonies showed that bacterial colonies were about 80.9 cfu, fungal colonies were about 57.6 cfu and actinomycete colonies were about 41.9 cfu, (Table 1). Generally, actinomycete colonies are found to be least (Avg. 08.38 cfu) always in all the places due to generic characteristic features. On the other hand, bacterial colonies are always exhibited higher (16.18cfu) due to small size and rapid multiplication factors. The fungal colonies are always placed in between two microorganisms (11.52 cfu) such as bacteria and actinomycetes in terms of size, shape, growth, doubling time and generic characters.

Table 1. Number of Microbial colonies in air at different locations of Auxilium College, Vellore, Tamil Nadu

S.No.	Name of the Place	Number of Microbial colonies (cfu) *			
		Bacterial	Fungal	Actinomycete	Total
		colonies	colonies	colonies	colonies /
					Average
1.	Admin Block	20.2	13.5	13.6	47.3 / 15.7
2.	Hotel Mess	10.7	9.5	03.3	23.5 / 7.8
3.	Physics PG Lab	17.5	13.9	06.7	38.1 /12.7
4.	Library	16.2	10.3	11.4	37.9 /12.6
5.	Documentation Centre	16.3	10.4	06.9	33.6 / 11.2
Total / Average		80.9	57.6	41.9	180.4
	number of	(16.18)	(11.52)	(08.38)	(60.0)
Microbial colonies					

Cfu: Colony forming units

Note:

- ➤ Bacterial colonies were enumerated in Nutrient agar plates on 24 hrs interval.
- > Fungal clusters were counted in Potato Dextrose agar plates on 72 hrs interval.
- Actinomycete colonies were counted in Casein Nitrate agar plates 48 hrs interval.

Standards (APHA, 2015):

- Number of bacteria maximal limit is 100 cfu
- Number of fungi maximal limit is 65 cfu
- Number of actinomycetes maximal limit is 50 cfu

^{*} Average three replicates

^{**} Values in the parentheses are the average number of microbial colonies.



Figure 1. Growth of various microbial colonies in culture media kept at different localities of Auxilium Campus, Vellore, TN.

8.2. Observation on Personal Hygiene and Safety measures

A number of illness and disease outbreaks are reported to be consequences of lack of maintaining proper personnel hygiene among people. By touch, handling of contaminated food, contact with the untidy surfaces can cause invasion of germs and other contaminants. A good personal hygiene is primarily achieved by cleansing hands to remove germs. Soap washing or use of sanitizers ensures removal of 90% of germs and protects the person from catching illness and spreading it to other people. Hence, it is important to create awareness among the stakeholders on personal hygiene.



As far as the stakeholders and employees are concerned, the safety and convenience of everyone working/access to the organization, the following safety rules should be observed at all times. The following basic steps should be followed at all times to reduce the contamination of the working environment especially in edible preparation areas. Wearing a laboratory coat or apron along with hand gloves and caps before entering a working environment for protecting clothes from contamination or accidental discoloration by staining solutions are always mandatory in Organization's hygiene. The observation on providing hygiene environment to the stakeholders at Auxilium Campus, Vellore, Tamil Nadu revealed that sanitizing materials such as soap, liquid detergent, tissue paper role, hand gloves, hand towels are made available nearby washbasins and restrooms focusing towards personal hygiene and sanitation related concerns. It is observed that working tables and benches are kept clean at laboratories across the Departments. The working tables and benches are regularly cleaning with a disinfectant solution and neat cloth. Equipment and machineries are very neatly maintained without any dusts and covered with the appropriate covers. Appropriate dustbins and eco-friendly covers are made available at laboratories, canteens, food courts, cafeteria and hostels across the campuses. At hostel dining halls and canteens,

food suppliers are tied their long hairs properly and wear disposable hand gloves, full cover aprons and caps to minimize contamination and fire hazards.

Details of pest management strategies adopted (cockroach traps, rodents control measures, insect repellents and other control facilities) at the campus is very good. Food preparation (kitchen) area at hostels and canteen is very clean, free of insect pests and in good state of ventilation and exhaust system along with proper water supply and



drainage. It is observed that waste disposal area and waste disposal collection centre are neat and clean, free of insect pests and free of spillage with no stagnation of water in food zones.



Hygienic Maintenance observed at Auxilium College, Vellore, Tamil Nadu

8.3. Napkin disposal facility

Menstrual Hygiene Management (MHM) is an indispensable part of the Swachh Bharath Mission Guidelines (SBM-G) for adolescent girls and ladies. As in step with MHM hints, 'Safe disposal' method making sure that the process of destruction of used and dirty materials is performed without human touch and with minimum environmental pollutants and 'Unsafe disposal' method throwing used material into ponds, rivers, or inside the fields exposes others



inside the vicinity to decaying material and have to be averted. Some of the unsafe practices of napkins include throwing them unwrapped into fields and rooftops, wrapping them in paper/ plastic bags and throwing them outdoors or in dustbins, burying them for de-composting, throwing them in latrine / toilets, burning it. These unsafe practices are to be avoided and rather health practices can be adopted.

The Auxilium Campus is implementing the safe practices of disposing of napkins using small scale incinerators in ladies hostels. Incinerators facility and disposal structures in the proper directions and other social stigmas connected to menstruation influences the sanitary waste disposal conduct of women within the campus is very much appreciated. The Management is taking care of adolescent girls and ladies significantly in terms of their personal hygiene and safety.



Best Practices followed at the Auxilium College, Vellore, Tamil Nadu

9. Best Practices followed on Hygiene in the Organization

- No person is suffering from a disease or illness or with open wounds or burns among
 the students, teaching and non-teaching staff members including supportive staff and
 management people across the campuses observed during the hygiene audit which
 indicated the campus is very keen interest in providing good hygiene atmosphere to
 the stakeholders.
- The sanitizing materials such as soap, liquid detergent, tissue paper role, hand gloves, hand towels, etc. are made available nearby the washbasins and restrooms focusing towards the personal hygiene and sanitation related concerns to the stakeholders.
- Appropriate dustbins and eco-friendly covers are made available at laboratories, canteens, food courts, cafeteria and hostels across the campuses to control the spread of wastes and contaminants from one place to another place and without harming the environmental health.
- The pest management strategies adopted (cockroach traps, rodents control measures, insect repellents and other control facilities) at the campus is very good. The laboratories, classrooms, hostels, canteens, foot courts and toilets / restrooms are very neat and clean with proper ventilation and exhaust system.
- Food handlers are equipped with suitable personal safety materials like disposable hand gloves, full cover aprons and caps to minimize contamination and fire hazards at hostel dining halls and canteens to minimize contamination and fire hazards.
- Maintenance of equipment and machinery items are very good and being carried out regularly as per the instructions of the manufacturer. They are neatly maintained without any dusts and covered with the appropriate covers.
- Pest control programmes for cockroach, house flies, mosquitos, rodents and etc. are effectively implemented and pest control activities (eggs, larvae, pupa, faeces, etc.) are carried out by trained and experienced personnel and no signs of pest activity or infestation in the Organization premises is noticed.
- Hygiene audit team comprising of management representatives, faculties, staff
 members and social aware members may be formed to inspect the different places
 like laboratories, classrooms, seminar halls, auditorium, hostels, canteens, food
 courts and toilets / restrooms to check the cleanliness are maintained well at the
 Campus.

10. Recommendations for Personal and Environment hygiene

- In order to conduct hygiene audits effectively in organizations, training of personnel is a prerequisite for which efforts may be taken by the Organization.
- Lot of awareness programmes on personal and environmental hygiene, pest management strategies adopted, sanitation methods, hygiene maintenance and instructions to be followed for the stakeholders may be conducted regularly through hygiene clubs, forums, cells and associations.
- All food handlers have basic food hygiene certificates by attending training programmes, seminars, conferences, workshops and skill upgradation events to update their knowledge as well as to know the latest techniques in food science and technology.

11. Conclusion

Auxilium College (Autonomous) is a well-established and it stands outstanding in India in terms of academic activities, efforts are continuously made in providing an eco-friendly hygiene atmosphere to the students, research scholars, parents and staff members. The laboratories, canteens, food courts, cafeteria, hostels and corridors across the campuses are very neat and clean. The number of microbes such as bacteria, fungi and actinomycetes were found to be less in different localities of the campuses which reflected low level of contamination source and rate of contaminants including microflora in the air. The air quality is very good in terms of least number of microflora such as bacteria, fungi and actinomycetes in the air. The washbasins and restrooms are equipped with the sanitizing materials such as soap, liquid detergent, tissue paper role, hand gloves, hand towels, etc. and are made available to the stakeholders to improve their personal hygiene and sanitation. Monitoring of efficient hand wash, urinals and latrine and bath room facilities in the campus are highly appreciated. The Campus ecosystem is supported in making a sustainable environment to promote sanitation and cleanliness which enhance the teaching and learning. To conclude the hygiene audit report, Auxilium Campus is an eco-friendly campus and providing pure atmosphere and personal safety to the stakeholders in terms of various hygienic measures such as regarding personal, environmental, food, water and occupational hygiene. In addition, a large number of awareness programmes on personal and environmental hygiene, pest management strategies adopted, sanitation methods, hygiene maintenance are being conducted to the stakeholders regularly through hygiene clubs, forums, cells and associations which supports to the nation as a whole in terms of providing hygienic environment.

12. Acknowledgement

Nature Science Foundation, Coimbatore, Tamil Nadu, India is grateful to the Auxilium College (Autonomous), Vellore Tamil Nadu for providing us necessary facilities and co-operation during the hygiene audit process. This helped us in making the hygiene audit a success. Further, we hope that the best practices followed by the University on environment sustainability with respect to the personal hygiene and safety to the stakeholders and recommendations along with suggestions given by the NSF will boost the new generations to take care of the healthy environment and personal hygiene along with personal safety.

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Certificates of NATURE SCIENCE FOUNDATION Coimbatore, Tamil Nadu.

- 1. ISO Certificates (QMS 9001:2015)
- 2. ISO Certificates (EMS 14001:2015)
- 3. ISO Certificates (OHSMS 45001:2018)
- 4. ISO Certificates (EnMS 50001:2018)
- 5. MSME Certificate
- 6. NGO Darpan NITI Aayog Certificate
- 7. 12A Certificate
- 8. 80G Certificate
- 9. 10AC Certificate

Certificate of Registration



This is to Certify That The Quality Management System of



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Date of Expiry* : 07/01/2024

1st Surve. Due : 08/12/2021

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Certificate No 22DEJI67

Initial Registration Date : 21/05/2022 Issuance Date : 21/05/2022

Date of Expiry* : 20/05/2025

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QCS MANAGEMENT PVT. LTD.

MANAGEMENT SYSTEMS CERTIFICATION

Certificate of Registration

ISO 45001:2018 (Occupational Health & Safety Management System)

NATURE SCIENCE FOUNDATION

ADDRESS: NO. 2669, LIG-II, GANDHI MANAGAR PEELAMEDU COIMBATORE - 641 004 TAMIL NADU, INDIA.

Scope of Certification:

PROVIDING TRAINING AND AUDITING SERVICES IN THE FIELD OF GREEN CAMPUS, ENVIRONMENT, ENERGY, OCCUPATIONAL HEALTH AND SAFETY, HYGIENE AND WASTE MANAGEMENT AT EDUCATIONAL INSTITUTES AND INDUSTRIAL SECTOR.

Certificate Number: QCS/EUAS/OHS/002

1ST Surveillance Audit Within : 02/07/2023 2nd Surveillance Audit Within : 02/07/2024

Re-certification Due Date : 02/08/2025



: 03/08/2022

: 02/08/2023

Issue Date

Expiration Date



Partha Bagchi (Managing Director)

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Ministry of Micro, Small and Medium Enterprises

UDYAM REGISTRATION CERTIFICATE



UDYAM	RE	CISTR	THO	NUM	RER
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UDYAM-TN-03-0073706

NAME OF ENTERPRISE

M/S NATURE SCIENCE FOUNDATION

TYPE OF ENTERPRISE *

MICRO

MAJOR ACTIVITY

SERVICES

ENTREPRENEUR

GENERAL

NAME OF UNIT(S)

Name of Unit(s) Green Campus, Energy and Environment Management Audits

OFFICAL ADDRESS OF ENTERPRISE

Flat/Door/Block No.	LIG-II,2669	Name of Premises/ Building	GANDHIMAA NAGAR
Village/Town	Gandhimaanagar S.O	Block	LIG-II
Road/Street/Lane	Peclamedu	City	Coimbatore South
State	TAMIL NADU	District	COIMBATORE , Pin 641004
Mobile	9566777255	Email:	chairmannsf@gmail.com

DATE OF INCORPORATION /

REGISTRATION OF ENTERPRISE

28/11/2017

DATE OF COMMENCEMENT OF

PRODUCTION/BUSINESS

12/03/2020

NATIONAL INDUSTRY CLASSIFICATION CODE(S)

SNo.	NIC 2 Digit	NIC 4 Digit	NIC 5 Digit	Activity
1	69 - Legal and accounting activities	6920 - Accounting, bookkeeping and auditing activities; tax consultancy	69201 - Accounting, bookkeeping and auditing activities	Services
2	85 - Education	8542 - Cultural education	85420 - Cultural education	Services
3	85 - Education	8549 - Other education n.c.c.	85499 - Other educational services n.e.c.	Services

DATE OF UDYAM REGISTRATION

26/02/2022

* In case of graduation (upward/reverse) of status of an enterprise, the benefit of the Government Schemes will be availed as per the provisions of Notification No. S.O. 2119(E) dated 26.06.2020 issued by the Mio MSME.

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For any assistance, you may contact:

1. District Industries Centre: COIMBATORE (TAMIL NADU)

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PROCEEDINGS OF THE COMMISSIONER OF INCOMETAX (EXEMPTIONS), III FLOOR, ANNEXE BLDG, NO.121, MAHATMA GANDHI SALAI, CHENNAI-34

Present : G.M.DOSS, I.R.S.

Commissioner of Income Tax (Exemptions)

" URNo. AACTN7857J/05/18-19/T-1105

Dated:03/09/2018

Sub. Registration u/s. 12AA of the Income tax Act 1961 - in the case of

"Nature Science Foundation"

LIG-II, 2669, Gandhimaa Nagar, Peelamedu, Coimbatore - 641 004.

Ref Application in form 10 A filed on 28/03/2018

ORDER UNDER SECTION 12AA OF THE INCOME TAX ACT 1961.

- The above Trust/Society/Association/ Company/ others/, bearing PAN AACTN7857J was constituted by Trust Deed / Memorandum of Association dated 29/11/2017 registered with Sub-Registrar's Office/ Registrar of Societies/Registrar of Companies/others on 29/11/2017.
- The Trust Deed / Memorandum of Association has subsequently been amended / modified / altered by a Codicil /
 Symplementary Deed / Amendment Deed / Alteration to Memorandum of Association/others dated XX/XX duly registered on XX/XX.
- The above TRUST filed an application seeking Registration u/s 12 AA of the Income tax Act, 1961.
- On going through the objects of the <u>TRUST</u> and its proposed activities as enumerated in the <u>Trust Deed I</u>
 Memorandum of Association, I am satisfied about the genuineness of the <u>TRUST</u> as on date.
- 5 The application has been entered at <u>SI.No.1105</u> maintained in this office. The above <u>Truss</u> is accordingly registered as a <u>PUBLIC CHARITABLE TRUST</u> u/s 12 AA of the Income Tax Act, 1961 with effect from <u>29/11/2017</u>.
- It is hereby clarified that the Registration so given to the Trust/Institution is not absolute. Subsequently, if a sit found that the activities of the Trust/Institution are not genuine or are not being carried out in accordance with the objects and clauses of the Trust Deed / Memorandum of Association submitted at the time of registration or modified with the approval of the Commissioner of Income-tax (Exemptions), Chennal or there is a violation of the provisions of Saction 13, the Registration so granted shall be cancelled as provided u/s 12 AA (3) or 12AA(4) of the Income Tax Act. Further, this approval is also subject to the Trust/Society/Association/Company/ Others/ complying to the provisions of the provisions.
- 7. Granting of Registration u/s 12AA does not confer any automatic exemption of income from taxation. The Trust/Institution should conform to the parameters laid down in Sections 11, 12, 13 and 115 BBC of the LT. Act 1961, to claim exemption of its income on year to year basis before the Assessing Officer.

** This Unique Registration No. URNo. AACTN7857J/05/18-19/T-1105 Should be mentioned in

all your future correspondence.

Sd/-

(G.M.DOSS, I.R.S)

Commissioner of Income-tax(Exemptions), Chennal.

Copy to:

The Assessee.

2 The ACIT(Exemptions), Coimbatore Circle.

3. Office Copy.

//CERTIFIED TRUE COPY//

(N SRINIVASA RAO)

Asst. Commissioner of Income-tax (H.Qrs)(Exemptions).

Chennal.



GOVERNMENT OF INDIA INCOMETAX DEPARTMENT

OFFICE OF THE COMMISSIONER OF INCOME TAX (EXEMPTIONS) Azyakar Bhawan, Annexe III Floor, 121 M.G. Road, Chennal 600 034

URNo. AACTN7857J/05/18-19/T-1105/80G

Date: 10.04.2019

Name of the Trust-/Seciety : NATURE SCIENCE FOUNDATION

/Company/Institution

: LIG II 2669, GANDHIMAA NAGAR, PEELAMEDU,

Address

COIMBATORE - 641 004 : AACTN7857J

Date of Application

PAN

: 12.11.2018

APPROVAL UNDER SECTION 80G(5)(vi) OF THE INCOME TAX ACT, 1961

The aforesaid Trust-/Society/Company/Institution has been registered u/s.12AA of the Income Tax Act with effect from 29.11.2017 vide AACTN7857J/05/18-19/T-1105 dated 03.09.2018. It is certified that donation made to NATURE SCIENCE FOUNDATION at LIG II 2669, GANDHIMAA NAGAR, PEELAMEDU, COIMBATORE - 641 004 shall qualify for deduction u/s 80G(5)(vi) of the Income Tax Act, 1961, subject to the fulfillment of conditions laid down in clauses [i] to [v] of sub-section (5) of section 80G of the I.T Act, 1961.

- This approval shall be valid in perpetuity with effect from A.Y. 2019-20 unless specifically withdrawn. The details and validity of the certificate is available @ office.incometaxindia.gov.in
- The Return of Income along with the Income & Expenditure Account, Receipts and Payments Account and Balance Sheet should be submitted annually to the Assessing Officer having jurisdiction
- No change in the Trust Deed/Memorandum of Association shall be effected without the prior approval of the undersigned i.e. Commissioner of Income Tax (Exemptions), Chennai.
- Every receipt issued to a donor shall bear the Unique Registration Number Le. URNo. AACTN7857J/05/18-19/T-1105/80G and date of this order i.e. 10.04,2019.
- Under the provisions of section 80G(5)(i)(a), the institution/fund registered u/s 12A u/s 12AA(1)(b) or approved u/s 10(23C), 10(23C)(vi)(via), etc., shall have to maintain separate books of accounts in respect of any business activity carried on and shall intimate this office within one month about commencement of such activity.

(G.M.DOSS, LR.5) Commissioner of Income Tax (Exemptions) Chennai

Copy to:

A. The applicant

2. Guard File

3. The DCIT(Exemptions) Coimbatore Circle.

//Certified True Copy//

(N. SRINIVASA RAO)

Assistant Commissioner of Income-tax (H.grs) (Exemptions), Chennal

FORM NO. 10AC

(See rule 17A/11AA/2C) Order for registration

1	PAN	AACTN7857J		
2	Name	NATURE SCIENCE FOUNDATION		
2a	Address			
	Flat/Door/Building	LIG-II, 2669		
	Name of premises/Building/Village	GANDHIMAA NAGAR		
	Road/Street/Post Office	Coimbatore South		
	Area/Locality	COIMBATORE		
	Town/City/District	Gandhimaanagar S.O		
	State	Tamil Nadu		
	Country	INDIA		
	Pin Code/Zip Code	641004		
3	Document Identification Number	AACTN7857JE2021501		
4	Application Number	739995830271021		
5	Unique Registration Number	AACTN7857JE20215		
6	Section/sub-section/clause/sub-clause/proviso in which registration is being granted	01-Sub clause (i) of clause (ac) of sub-section (1) of section 12A		
7	Date of registration	03-11-2021		
8	Assessment year or years for which the trust or institution is registered From AY 2022-23 to AY 2026-			
9	Order for registration:			
	After considering the application of the applicant and the material available on record, the applicant is hereby granted registration with effect from the assessment year mentioned at serial no 8 above subject to the conditions mentioned in row number 10.			
	b. The taxability, or otherwise, of the income of the applicant would be seconsidered as per the provisions of the Income Tax Act, 1961.			
	c. This order is liable to be withdrawn by the pres found that the activities of the applicant are not go in accordance with all or any of the conditions sul found that the applicant has obtained the registrat facts or it is found that the assessee has violated a Income Tax Act, 1961.	enuine or if they are not carried out bject to which it is granted, if it is ion by fraud or misrepresentation of		
10	Conditions subject to which registration is being granted			
	The registration is granted subject to the following conditions:-			

- o. This certificate cannot be used as a basis for claiming non-deduction of tax at source in respect of investments etc. relating to the Trust/Institution.
- p. All the Public Money so received including for Corpus or any contribution shall be routed through a Bank Account whose number shall be communicated to Office of the Jurisdictional Commissioner of Income Tax.
- g. The applicant shall comply with the provisions of the Income Tax Act, 1961 read with the Income Tax Rules, 1962.
- r. The registration and the Unique registration number has been instantly granted and if, at any point of time, it is noticed that form for registration has not been duly filled in by not providing, fully or partly, or by providing false or incorrect information or documents required to be provided under sub-rule (1) or (2) of rule 17A or by not complying with the requirements of sub-rule (3) or (4) of the said rule, the registration and Unique Registration Number (URN), shall be cancelled and the registration and URN shall be deemed to have never been granted or issued.

Name and Designation of the Registration Granting Authority

Principal Commissioner of Income Tax/ Commissioner of Income Tax

(Digitally signed)



Certificates of Hygiene Auditors

- 1. ISO 'Environment Management System' (14001:2015) of Dr. S. Rajalakshmi, Founder & Chairman of NSF.
- 2. Lead Auditor in 'Food Safety Management System (ISO 22000:2005)' of Mrs. Gaanappriya Mohan, NSF Hygiene Auditor.
- 3. 'Personal Safety and Occupational Health' of Institute of Health Safety & Environment Council of Mrs. Gaanappriya Mohan, NSF Hygiene Auditor.
- 4. 'Accredited Professional' of Indian Green Building Council of Dr. B. Mythili Gnanamangai, Vice-Chairman of NSF
- 5. 'Certified Professional' of Associated Chambers of Commerce and Industry of India of Dr. B. Mythili Gnanamangai, Vice-Chairman of NSF.







Certificate of Training

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S. Rajalakshmi

has successfully completed the 5 days

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 - AU: Management Systems Auditing
- TL: Leading Management Systems Audit Teams

ISO 14001:2015

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> Authorised Signatory (Pragyesh Singh)

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This is to certify that

GAANAPPRIYA MOHAN

has attended and successfully completed the

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Delivered by IRCLASS

Date: 25/04/2016 - 29/04/2016.

at Delhi, India.

Shashi Nath Mishra Associate Vice President

IRS Course Accreditation No. LF1619 104
Participant's Driving Licence / PAN card No. / Passport No / Any Other: BLCPG6705J.

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GAANAPPRIYA MOHAN

has successfully passed an assessment in

Applied Principles Of Workplace Safety Compliance [Course Ref# 50139\1]

Date of Assessment 3 JUNE 2019

Date of Award 10 JUNE 2019

Certificate Number APWSC/2019/10219

Centre Name Green World Safety And Security Consultancies L.L.C

Course Director

The CPD Standards Office
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